

# PARENT Request Form for Non-Dairy Milk - (Age 1 Year and Older)

Child Care Facility Instructions: Fill out the top part of the form. Have the parent/guardian fill out the bottom section to request Non-Dairy Milk. If food substitutions are required, please use a Physician Statement for Meal Accommodations.

Provider's Name (or Day Care Center/Facility Name): \_\_\_\_\_

Day Care Home/Facility Address: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Child's Date of Birth: \_\_\_\_\_

Date: \_\_\_\_\_

**AnSo Child Development  
(773) 239-4433**

## Dear Parent or Guardian:

Your child is enrolled in the Child and Adult Care Food Program (CACFP), a nutrition program funded by the U.S. Department of Agriculture (USDA). Facilities have the option to serve a Non-Dairy Milk (i.e. soy milk) that meets USDA standards for 9 nutrients (see chart). To request a Non-Dairy Milk, the child's parent or guardian must complete the section below. Return the completed form to your day care provider/facility. When a facility chooses to honor a parent request, the facility is responsible for buying and serving the Non-Dairy Milk.

**Note: Lactose free cow's milk (ex. Lactaid®) is allowable and does not require any forms.**

**1 cup of milk MUST have these nutrients:**

Nutrient	Amount	% Daily Value (DV)
Calcium	276 mg	28%
Protein	8 g	16%
Vitamin A	500 IU	10%
Vitamin D	100 IU	25%
Magnesium	24 mg	6%
Phosphorus	222 mg	22%
Potassium	349 mg	10%
Riboflavin	0.44 mg	26%
Vitamin B-12	1.1 mcg	18%

## THE FOLLOWING IS TO BE COMPLETED BY THE PARENT/GUARDIAN.

1. Reason for requesting Non-Dairy Milk (required): \_\_\_\_\_

(ex. vegan, religious, cultural, or ethical reasons, etc.)

2. Indicate the Non-Dairy Milk you wish your child to receive: **(NOTE: Milk must be UNFLAVORED for children ages 1-5.)**

**Great Value**  
Soy Milk:  
Original Plain

**OR**

**Silk**  
Soy Milk:  
Original Plain

**OR**

**8th Continent**  
Soy Milk:  
Original Plain



Nutrition Facts	
Serving Size 1 cup (240mL) Servings Per Container 8	
Amount Per Serving	
<b>Calories</b> 100	Calories from Fat 35
% Daily Value*	
<b>Total Fat</b> 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 85mg	4%
<b>Potassium</b> 390mg	11%
<b>Total Carbohydrate</b> 9g	3%
Dietary Fiber 2g	8%
Sugars 7g	
<b>Protein</b> 8g	15%
Vitamin A 10%	Vitamin C 0%
Calcium 30%	Iron 6%
Vitamin D 30%	Riboflavin 30%
Folic Acid 4%	Vitamin B12 50%
Phosphorus 25%	Magnesium 10%



Nutrition Facts	
Serving Size 1 Cup (240mL) Servings Per Container 8	
Amount Per Serving	
<b>Calories</b> 110	Calories from Fat 40
% Daily Value*	
<b>Total Fat</b> 4.5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 95mg	4%
<b>Potassium</b> 380mg	11%
<b>Total Carbohydrate</b> 9g	3%
Dietary Fiber 2g	7%
Sugars 6g	
<b>Protein</b> 8g	16%
Vitamin A 10%	Vitamin C 0%
Calcium 45%	Iron 6%
Vitamin D 30%	Riboflavin 30%
Folate 15%	Vitamin B12 50%
Phosphorus 25%	Magnesium 15%



Nutrition Facts	
Serving Size 1 cup (8 fl oz) (240mL) Servings Per Container About 8	
Amount Per Serving	
<b>Calories</b> 80	Calories from Fat 20
% Daily Value*	
<b>Total Fat</b> 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 0.5g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 95mg	4%
<b>Potassium</b> 360mg	10%
<b>Total Carbohydrate</b> 7g	2%
Dietary Fiber 0g	0%
Sugars 7g	
<b>Protein</b> 8g	16%
Vitamin A 10%	Vitamin C 0%
Calcium 30%	Iron 6%
Vitamin D 25%	Riboflavin 30%
Vitamin B12 20%	Phosphorus 25%
Magnesium 6%	



Day Care Resources, Inc. does not endorse any product. Brand names are given as examples of product(s) that meet requirements as of 7/2017.

**OR**  **Other:** \_\_\_\_\_

Name of Non-Dairy Milk

**Attach nutrition label**

to prove the product meets requirements.

3. Who will be providing the non-dairy milk?  facility/day care provider  parent/guardian  
Parents are allowed to bring ONE meal component for their child for non-disability reasons.

4. Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_